

## Compliant Actuation Technologies for Emerging Humanoids

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- Classical robotics actuation
  - Pros and cons
- Compliant actuators
  - Series elastic actuators (SEA)
  - CompAct unit and compliant humanoid COMAN
  - Variable stiffness actuation (VSAs)
- Variable damping actuation
  - the Variable physical damping actuator VPDA
  - CompAct manipulator



- relative slow motions
- absence of fast/high power motions
- always in static balancing
- physical game is missing
  - body to body physical interaction
  - dynamic balancing against strong disturbances
  - impacts with ground and other bodies can damage the robots











International Summer School or

d-26th, Bonn, Germany



- Direct drive actuation
- Geared actuators
  - Motor + reduction gearheads
  - Motor + low-friction cable /belt drive transmissions



#### a high quality servomotor directly connected to the load

- Pros
  - the torque output can be accurately controlled through motor current regulation
  - robust against impacts
- Cons
  - servomotors operate inefficiently at low speeds and high torques
  - the power of direct drive servomotors is selected to be much higher than the actual useful power output
  - they are typically too large and heavy





Frisoli et al, 2005



#### a servomotor combined with a gearhead

- Pros
  - motor operates in a more efficient spot (high speed/low torque) while driving a low speed/high torque trajectory
  - for low reduction ratio, current control can then be still applied to the geared actuator to control force output





# Geared drives

Motor + reduction gearheads

• Cons

**DI TECNOLOGIA** 

- introduces significant friction
  - friction can become essentially high in some types of non-backdriveable gears
- increases the reflected inertia at the output of the gearbox
  - large output mechanical impedance
- non-linear, non-continuous dynamics such as stiction and backlash
- force control through current regulation is unsuitable as it will result in extremely poor force fidelity
- weak under impacts



### Motor + low-friction cable /belt drive transmissions

### a servomotor combined with a cable drive transmission

- Pros
  - cable drive transmissions, have low stiction and low backlash.
  - can be approximated by linear dynamics allowing to model the transmission and compensate for its effects
- Cons
  - only low to moderate ratios can be implemented
  - high rations requiring large pulleys and multi-stages which need large space
  - More complex assembly with many pulleys requiring the fixation and pretension of cables





Frisoli et al, 2005



## • Features

- DC brush or brushless motors combined with planetary or harmonic drive gears
  - relative high gearing position control groups (>100:1)
  - limited back-drivability
  - stiff Position / velocity servo loops
- minimum passive compliance (mostly from tendons)
- no direct joint torque sensing

## Advantages

- high disturbance rejection
- accuracy and repeatability





Stiff actuation for accuracy + Active compliance regulation

### Hydraulic





# The need of compliance

- Robots coperating / interacting (purposely or accidentally) with their environment have different requirements than the current stiff robotic systems
  - Accuracy and repeatability are necessary but probably not the highest priorities
  - Adaptability to interaction (whole body level) , safety and robustness is at least of equal significance





- Fixed series elasticity
  - passively adaptable
  - lower impact forces
  - inherently safer, more tolerant to disturbances
  - can be combined with active stiffness regulation
  - preset passive mechanical compliance
  - performance is compromised



Pratt et al, 1995



Herr et al, 2004



Wisse et al, 2007









## Intrinsic passive compliance Effect on the impact forces

## **Compliance can been introduced:**

- A: between the actuator and the link
- B: around the link/structure (soft cover)
- C: A and B





# Effect of the stiffness to the impact forces: unconstrained case





# Effect of the stiffness to the impact forces: constrained case









The goal of AMARSi is to make a qualitative jump toward rich motor behaviour where novel mechanical, control and learning solutions are integrated with each other

## AMARSI passive COMpliant huMANoid (COMAN)

- a full humanoid robot
- 25 major degrees of freedom (arms/legs and torso excluding hands and neck/head)
- intrinsic passive compliance
- joint torque sensing/active compliance



- Actuation
  - moderate to high power
  - passive series compliance
    - legs (ankle/knee and hip sagittal joints)
    - torso (pitch and yaw)
    - arms: (shoulder and elbow)
  - no cable transmissions

### Sensing

- joint torque sensing
- 2 x 6 DOF F/T sensors
- IMU
- Power autonomy
  - battery
  - power management system
- On board computation power
  - 2 x PC104 (1 inside the torso and one to be added in the head )
- Body housing
  - internal electrical wiring routing
  - full body covers (no exposed components/wires



Tsagarakis et al, ICRA 2013



## **COMAN** kinematics



Joint	Number of DOF
Ankle	2
Knee	1
Нір	3
Waist	3
Shoulder	3
Elbow	1
Neck	2















- serial mechanism
- passive compliance for hip pitch and roll
- gear ratio 100:1



![](_page_23_Picture_5.jpeg)

Joint	New Hip	
	Motion Range <b>(°)</b>	Peak Torque (Nm)
Flex/Ext	+110, -45	<b>55</b> (6.2rad/s at 36V, 9.0rad/s at 48V)
Abd/Add	-60, +20	<b>55</b> (6.2rad/s at 36V, 9.0rad/s at 48V)
Rotation	+50, -50	<b>55</b> (6.2rad/s at 36V, 9.0rad/s at 48V)

![](_page_23_Picture_7.jpeg)

![](_page_24_Picture_0.jpeg)

- series elastic actuated
- gear ratio 100:1

![](_page_24_Picture_3.jpeg)

![](_page_24_Picture_4.jpeg)

![](_page_24_Picture_5.jpeg)

![](_page_24_Picture_6.jpeg)

![](_page_25_Picture_0.jpeg)

- serial mechanism
- passive compliance for hip pitch and roll
- gear ratio 100:1

Joint	Ankle	
	Motion Range <b>(°)</b>	Torque (Nm)
Flex/Ext	+70, +50	<b>55</b> (6.2rad/s at 36V, 9.0rad/s at 48V)
Abd/Add	-35, +35	<b>55</b> (6.2rad/s at 36V, 9.0rad/s at 48V)

![](_page_25_Picture_5.jpeg)

![](_page_26_Picture_0.jpeg)

- 3DOF serial mechanism
- passive compliance for pitch and yaw motions

![](_page_26_Picture_3.jpeg)

![](_page_27_Picture_0.jpeg)

## Upper torso and neck

![](_page_27_Picture_2.jpeg)

![](_page_28_Picture_0.jpeg)

## Battery pack and BMS system

- Lithium polymer
- weight 1.7Kg
- nominal voltage 23-29V
- capacity 10Ah

![](_page_28_Picture_6.jpeg)

![](_page_28_Figure_7.jpeg)

..more than two hours of light-duty squatting

![](_page_29_Picture_0.jpeg)

- 3DOF serial shoulder mechanism
- 1DOF elbow
- passive compliance

![](_page_29_Picture_4.jpeg)

![](_page_30_Picture_0.jpeg)

- Where to place the compliance?
- How to select the joint compliance level?
- the tuning of the series passive elasticity still remains an experimental trial and error process and very little information on the methodologies used is available
- Can we tune compliance using a more systematic method?
  - optimise for bandwidth constraints

![](_page_31_Picture_0.jpeg)

Reduced model

- multi-dof mass-spring system
- highly nonlinear varying system
  - mass matrix changes
  - additional nonlinearities may exist in the drive elasticity
- resonances change and depend on the posture Full body model

![](_page_31_Figure_7.jpeg)

![](_page_32_Picture_0.jpeg)

Twenty posture configuration points of the single support phase were considered

![](_page_32_Picture_3.jpeg)

![](_page_33_Picture_0.jpeg)

![](_page_33_Figure_2.jpeg)

$$\Delta(q) \begin{bmatrix} \ddot{q} \\ \ddot{\theta} \end{bmatrix} + \Gamma(q, \dot{q}) \begin{bmatrix} \dot{q} \\ \dot{\theta} \end{bmatrix} + \begin{bmatrix} g(q) - K(\theta - q) \\ K(\theta - q) \end{bmatrix} = \begin{bmatrix} \tau_e \\ \tau_m \end{bmatrix}$$

$$\Theta = \begin{bmatrix} q^T & \theta^T \end{bmatrix}^T \quad G(q) = \begin{bmatrix} g(q)^T & 0 \end{bmatrix}^T$$

$$\Delta(q)\ddot{\Theta} + \Gamma(q, \dot{q})\dot{\Theta} + S\Theta + G(q) = \tau \qquad S = \begin{bmatrix} K & -K \\ -K & K \end{bmatrix}$$

$$\phi = \Theta - \Theta_e$$

$$\Delta(q_e)\ddot{\phi} + S_g\phi = \tau \qquad S_g = \begin{bmatrix} K & -K \\ -K & K \end{bmatrix} + \nabla G(q_e)$$

$$\Xi = \begin{bmatrix} K & -K \\ -K & K \end{bmatrix} + \nabla G(q_e)$$

 $\nabla G(q_e)$ 

0

0

![](_page_34_Picture_0.jpeg)

![](_page_34_Figure_2.jpeg)

![](_page_35_Picture_0.jpeg)

# Optimal joint stiffness selection

![](_page_35_Figure_2.jpeg)

## constrained optimization problem

- maximize the joint passive deflection for a given joint torque vector
- subject to constraints
  - natural frequencies constraints
  - stiffness constraints

$$min(\frac{2}{\tau_i^2(\frac{1}{k_a}+\frac{1}{k_k}+\frac{1}{k_h})})$$

$$f_{ir}: f_{ir|} > \frac{\alpha_i}{2\pi} \omega_b, \alpha_i > 1, i = 1, 2, ..., n$$

$$k_{min} < k_i < k_{max}$$

$$k_{max} = 80$$

![](_page_35_Figure_10.jpeg)

smax


- constraints were chosen for two lowest resonant frequencies
- first and second natural frequencies inequalities constraints:

 $(f_1 > 1.0Hz) (f_2 > 3.0Hz)$ 



 $(k_a, k_k, k_h) = (597, 417, 396) Nm/rad.$ 



• the resultant natural frequencies given a configuration and the selected optimal joint stiffness matrix











Zhibin Li et al, ICRA 2012

**DI TECNOLOGIA** 



Zhibin Li et al, Humanoids 2012









Stabilizing Humanoids on Cross Slopes Using Terrain Inclination Estimation

Zhibin Li, Nikos Tsagarakis, and Darwin Caldwell

Department of Advanced Robotics Italian Institute of Technology

Zhibin Li et al, IROS 2013



#### • Fixed series elasticity (SEA)

- passively adaptable
- inherently safer
- makes the robot more tolerant to impacts
- does not need additional actuation
- can be combined with active stiffness regulation
- preset passive mechanical compliance
- performance is compromised
- Variable impedance actuators
  - passively adaptable
  - inherently safer
  - makes the robot more tolerant to impacts
  - compliance can be reguled according to task needs
    - accuracy, efficiency or safety
  - performance can be maintained
  - complex, requires additional actuators for the impedance tuning
  - application to MDOF systems is not trivial



## VSAs prototypes



VSA: G. Tonietti et al. (2005)





QA-Joint: O. Eiberger et al. (2010)



VSA-II: R. Schiavi et al. (2008)



MACCEPA 2.0: B. Vanderborght et al. (2009)



FSJ: Wolf et al. ICRA 2011



MACCEPA: R. Van Ham et al. (2007)



Hybrid VSA: Byeong-Sang Kim et al. (2010)



VSA Cube: Catalano et al. ICRA







- Spring preloading
  - Stiffness is altered by changing the pretension of the nonlinear spring.
- Variable transmission
  - Stiffness is regulation is achieved by changing the transmission ratio between the output link
- Modification of spring properties
  - The physical structure of the spring is mechanically modified







- Bio-inspired configuration
- In the human body, each joint is actuated by - at least – two muscles

### **Conventional mechatronic realization**

- Two actuators with a single direction coupling
- A pair of elastic elements



Ka

Ka

M

fed, antibrach cutan, nerve

> profunda brachii

Sup. ulsar collateral artery

Inf. ulnar collateral

arlery





Tonietti, Bicchi, ICRA 2005





VSA Cube: Catalano et al. ICRA 2011







O. Eiberger et al. ICRA 2010 Alin Albu-Schäffer et al, RA Mag., 2008





# Lever arm principle

Variable spring position



- Positions of the pivot and force point are fixed. Position of the spring is adjustable.
- The bigger is the lever arm, the stiffer is the link.
- The minimum stiffness is zerAwAS: A. Jafari *et al.,* IROS 2010
- •o. The maximum stiffness depends on the length of the lever and the stiffness of the



Hybrid actuator: Byeong-Sang Kim et al., ICRA 2010



AwAS: A. Jafari et al., IROS 2010



- Intermediate link is connected the motor M1;
- Springs are located between intermediate link and the link;
- Arm (variable) is the distance from the center of rotation to the attachment point of springs





# (AwAS)-Principle of operation



At equilibrium position, force F generated by the springs is perpendicular to the displacement needed to change the stiffness.









Stiffness of the springs and maximum arm length are 80N/mm and 0.09m, respectively









Range of Motion (rad)	Range of Stiffness (Nm/rad)	Passive Angular Deflection (rad)	Max Stiffness regulation speed (Nm/rad sec)	Energy Storage (J)	Output Torque (Nm)	Weight (Kg)
-2,+2	30,1800	-0.2,+0.2 at 640Nm/rad	800	3.5	80	1.4







Both motors M1 for position and M2 for stiffness were simultaneously controlled to follow sinusoidal position and stiffness trajectories of different frequencies







Variable force application point



- Positions of the pivot and spring are fixed.
- Position of the force point is adjustable.
- The shorter is the lever arm, the stiffer is the link.
- The maximum stiffness is infinite. The minimum stiffness depends on the length of the lever and the stiffness of the springs.



Energy Efficient VSA: L.C. Visser *et al.*, ICRA 2010







Variable pivot position



- Positions of the spring and force point are fixed. Position of the pivot is adjustable.
- The closer is the pivot to the force point, the stiffer is the link.
- The minimum stiffness is zero. The maximum stiffness is infinite. This range does not depends on the length of the lever and the stiffness of the springs.



CompAct VSA Tsagarakis *et al.*, IROS 2011







### Variable Stiffness Module

- A) Link/Cam Connection
- B) Joint Axis
- C) Cam Shaped Lever Arm
- E) Cam Roller
- F) Rack/Pinion
- G) Stiffness Motor
- H) Springs
- P) Pivot Point







# **CompAct-VSA: Realization**









### Stiffness & Passive deflection profiles








Pivot Tracking Stiffness Tracking







		CompAct- VSA	AwAS -II	AwAS
Link Variable stiffness module	Range of Motion (deg)	+/-150°	+/- 150°	+/-120°
	Range of Stiffness (Nm/rad)	0 ~ rigid	0 ~ rigid	30~130 0
Stiffness motor	Time to change the stiffness (s)	~0.2sec	~1	3.5
Joint Motor M1	Energy storage (J)	0.35	3.3	3.2
	Peak Output Torque (Nm)	117	80	80
	Length (m)	0.10	0.18	0.27
	Width (m)	0.11	0.14	0.13
Tsagarakis <i>et al.</i> , IROS 2011	Overall Weight (Kg)	1.1	1.4	1.8







- intrinsic robustness against impacts
- passive adaptability to interaction
- high fidelity force/torque control
- peak power generation
- energy efficiency



### Exploiting natural dynamics with AwAS



$$\begin{cases} (I_L + ML^2)\ddot{\theta}_L + B_L\dot{\theta}_L + K(\theta_L - \theta_M) = T_L \\ I_M\ddot{\theta}_M + B_M\dot{\theta}_M + K(\theta_M - \theta_L) = T_M \end{cases}$$

$$f_n = \frac{1}{2\pi} \sqrt{\frac{K}{(I_L + ML^2)}}$$





Desired link trajectory:  $\theta_L = A \sin(2\pi ft)$  [fixed frequency]





Desired link trajectory:  $\theta_L = A \sin(2\pi ft)$  [fixed frequency]



### Fixed frequency sinusoidal reference



### Varying frequency sinusoidal reference

Desired link trajectory:  $\theta_L = A \sin(2\pi ft)$  [Variable frequency]



## Varying frequency sinusoidal reference



### Varying frequency sinusoidal reference



Energy Consumption: 1<sup>st</sup> Strategy: 28.6J 2<sup>nd</sup> Strategy: 21.3J [25% less than first strategy]

### Energy consumption of the stiffness motor

Jafari et al., ICRA 2011









- Humans improve accuracy and motion control by varying the stiffness and damping of the joints to appropriate values
- Large amplitude oscillations:
  - muscles co-contraction
  - damping 个个
  - stiffness  $\uparrow \uparrow$
- Low amplitude oscillations:
  - Intrinsic damping of muscles ↑ ↑
  - low energy expenditure
- Voluntary motions
  - damping, stiffness inverse
  - function of velocity

Elbow flex-extension (Lacquaniti et al, '82)

C = [0.22 - 1.56] [Nms/rad]  $\zeta = [0.08 - 0.2]$ K = [14.8 - 125] [Nm/rad]



Milner and Cloutier, Exp. Brain Research ,1998.



#### **Motivation**

- facilitates control
  - inherently damps vibrations
  - reduces control effort
  - Intrinsically passive
- improve dynamic performance
- Spring energy management

#### **Principle & Features**

- semi-Active Solution
- introduces "real" physical damping
- piezoelectric actuation





# SEA + Variable physical damping actuator





### Mass-spring-damper system

- Damping ratio
- Free response to initial conditions



**Experimental setup** 







#### The Role of Physical Damping in Compliant Actuation Systems









M. Laffranchi, N.G. Tsagarakis, Darwin G. Caldwell. CompAct<sup>™</sup> Arm: a Compliant Manipulator with Intrinsic Variable Physical Damping. Robotics: Science and Systems VIII (RSS 2012), Sydney, Australia.

LONGITUDINAL

TRANSVERSE









